# Family & Community Engagement Committee SPECIAL MEETING

Date: Thursday, Aug. 22, 2025

Committee Co-chairs: Mariah White and Drew Althoff

Committee Members: Megan Baker-Hunger, Sandy Borkowski, Chris Dubis, Cindy Smith, Tina Smith

(Bluffview Parent), Jeff Van Fossen (Bluffview Parent)

### **Vision Statement**

To foster strong and sustained connections with families and community partners to best serve BMS students.

## **Mission**

Bluffview Montessori School empowers self-directed learning through a materials-based Montessori curriculum that encourages independence and natural curiosity. Bluffview cultivates learners' deep respect for self, community, and a peaceful environment, while nourishing the intrinsic desire for academic, civic, and personal fulfillment.

#### **Goal Focuses**

- Community outreach and public relations
- Volunteer recruitment and retention
- Family/Parent/Guardian events at BMS
- Increasing attendance at student conference nights
- Staff and student wellness
- Wellness policy review and compliance

ATTENDING: Tina Smith (on behalf of Ark Wellness, LLC), Cindy, Mariah, Drew, Henry

Topic	Notes
WELLNESS PROGRAM @ BLUFFVIEW	Group discussed what wellness programming will be for the 2024-25 school year. Tina made the proposal for how it will be constructed as well as what costs will be associated for the school and participants.

## **Summary:**

Tina presented a proposal on providing monthly and ongoing wellness programming to staff and families. Program would include two primary parts: monthly events on Saturdays (9:30-11:00am) and ongoing micro-habit jump starts to pair with the monthly events (30-day challenges) for participants. Topics for the 2024-25 school year would be based in and around stress management. The program will also be adapted to fit the needs of the individuals participating, meaning each successive monthly meeting will be built from the previous sessions. The 90-minute session time would be split into 30 minutes of education and 60 minutes of how-to, hands-on work. There would be a small cost for participants to ensure higher attendance and materials will be provided. And lastly, Child Care will be available at all monthly events

Action Items: Names next to an item are covered by that person. Strikethrough means it's been done.

- Outreach to Kinstone Circle (*Drew*)
- Speak with Kelsi & Atlas about <u>child care</u> (*Drew*)
- Invitation to program (TBD)
- PR and flyers (TBD)
- Food and drink ideas (TBD)
- Tracking participation (TBD)

FUNDRAISING EFFORTS (ALL)	
This will be reviewed in detail at our formal committee meeting Sept. 10th.	