



October 23 –Just another day at the District Office? Not with Lori Pagel, HVED's Work-based Learning Coordinator, serving Chatfield, Dover-Eyota, Lanesboro, Lewiston-Altura, Plainview-Elgin-Millville, St. Charles, and River Valley Academy. As one of our newest itinerant staff members, Lori takes her office with her and makes good use of the available spaces at the HVED District Office to catch up on emails and complete required paperwork for students she serves. There is no such thing as just another day in the office for any of HVED's itinerant staff.

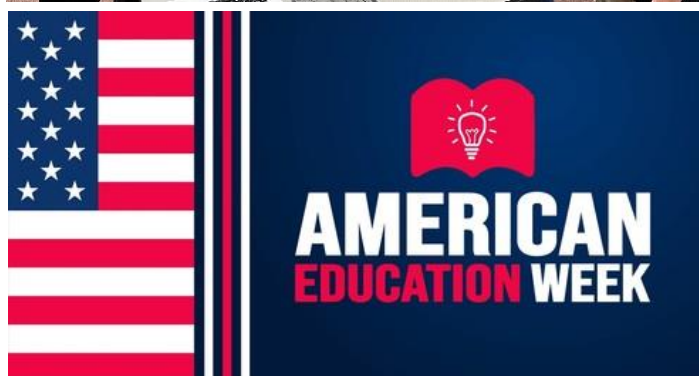
Cardiopulmonary Resuscitation (CPR) Training

Wendy Haake, SAIL Teacher, and Certified CPR Instructor, completed a training with several staff members at the HVED District Office on October 29. Staff members took turns demonstrating appropriate life saving techniques under Wendy's watchful eye. In the photo at right pictured from left to right: Amber Anderson, Hayley Cadena, Amy Woxland, Ali Prodzinski, Ann de Zeeuw, and Wendy Haake.



American Education Week November 18-22, 2024

*Recognizing all Educators
throughout HVED during
American Education Week.
Thank you for your dedication
and service to our students!*



As you celebrate the Thanksgiving holiday, take time to rest and relax with family and friends and be assured that you are valued and appreciated for your good work within HVED.

Adult Learning Sessions Coming in 2025 Sponsored by SEAC. Register today! See details page 2 of 2.

The HVED Special Education Advisory Council (SEAC) committee members have organized three free virtual learning opportunities for all adults throughout HVED—parents, grandparents, guardians, and staff are all welcome and invited to enroll. Classes are limited with minimum and maximum participation. Did I say free? Yes, these courses are free and can guarantee added value to your varied experiences with students at all ages and in all stages of development. Take the time to review the three consecutive course selections and add these learning sessions to your calendar in 2025.



In partnership with your school and Hiawatha Valley Education District, the Special Education Advisory Council is offering multiple courses to help support you as a parent. Courses will be offered through the winter months, virtually. There are three different courses to choose from. Join one or join all three! Registration is required for all courses

Lost at School Book Study Registration required by December 16, 2024

Description: Join Dr. Dan Hyson for a weekly virtual book study on Dr. Ross Greene's *Lost at School*, focusing on supporting children who struggle with frustration and flexibility. This study will explore Collaborative and Proactive Solutions (CPS), an alternative approach to understanding the needs of these kids. Participants will learn to identify the skill deficits and unresolved issues contributing to challenging behaviors and gain practical strategies to enhance interactions and reduce disruptive episodes at school and home. The aim is to shift perspectives from punitive responses to understanding and addressing underlying causes of behavior.

Presenter: Dr. Dan Hyson, Faculty at the University of Wisconsin - Lacrosse

When: January 8, 15, 22, 29 2025

Time: 6:30 - 7:30 PM

Location: Zoom

Materials: *Lost at School* book can be borrowed from HVED or purchased on your own.

More Information: [Lost at School Flyer](#)

Registration: [Lost at School Registration](#)

* This course will be cancelled if there is not a minimum of 8 participants. Maximum participants will be capped at 20.

Love and Logic Registration required by January 6, 2025

Description: The Love and Logic Institute is dedicated to making parenting and teaching fun and rewarding, instead of stressful and chaotic by providing practical tools and techniques that help adults achieve respectful, healthy relationships with their children. Children learn the best lessons when they're given a task and allowed to make their own choices (and fail) when the cost of failure is still small. Children's failures must be coupled with love and empathy from their parents and teachers. This practical, research-based philosophy is backed with 47 years of experience. Parents can apply it immediately to a wide range of situations instead of struggling with difficult counseling procedures.

Presenter(s): Jody Schwartzhoff and Deb Bebout; Hiawatha Valley Education District Early Intervention Teachers and Love and Logic Trainers

When: Tuesdays on February 4, 11, 18, 25, and March 4, 2025

Time: 6:30-7:30 PM

Location: Zoom

Materials: *Love and Logic* book can be borrowed from HVED or purchased on your own.

More Information: [Love and Logic Flyer](#)

Registration: [Love and Logic Registration](#)

* This course will be cancelled if there is not a minimum of 5 participants. Maximum participants will be capped at 20.

Powerful Tools for Caregivers Registration required by March 1, 2025

Description: Often, taking care of a child with a disability requires extra demands. Powerful Tools for Caregivers classes help caregivers take better care of themselves while caring for their child. Through this 6-week series of courses, caregivers will learn tools and strategies to take care of themselves, so they can take care of their child.

Presenter(s): Dr. Debbra Marcotte; Hiawatha Valley Education District Executive Director

When: Tuesdays on April 1, 8, 15, 22, 29, and May 6, 2025

Time: 6:30 - 7:45 PM

Location: Zoom

Materials: Participants will receive a workbook to use during the course, which may be purchased or returned after the course.

More Information: [Powerful Tools for Caregivers Flyer](#)

Registration: [Powerful Tools for Caregivers Registration](#)

* This course will be cancelled if there is not a minimum of 8 participants. Maximum participants will be capped at 20.