



LIL' CARDS VOLLEYBALL CAMP

Grades: K - 5, Boys & Girls

This fun and exciting volleyball camp is designed to expose youth to the sport of volleyball through instruction in hand-eye coordination, volleyball-specific movements, and basic skills of the sport (passing, setting, hitting & serving). We will teach motor learning skills development using fun activities!



Camp
**JULY 25-27,
2023**

Time
**9:00-
11:30AM**

Cost
\$75

Camp

- ✓ Skills and Techniques
- ✓ Fun Games
- ✓ T-shirt included
- ✓ Led by Head Coach
Amber Zitzow, SMU
Staff, & Players

Saint Mary's University

700 Terrace Heights
Winona, MN 55987

Registration Link

www.camps.smumn.edu

More Information Amber Zitzow azitzow@smumn.edu

