

Connecting Caregivers

An event for the caregiver in all of us

Husbands, wives, sons, daughters, sisters, brothers, grandparents, friends and neighbors often step into a caregiving role by choice or by default. We are all caregivers.

This event is about caregiving in its broadest sense in a community that comes together to take care of one another.

Connecting Caregivers:

- Open-house format
- Caregiving ideas and inspiration
- Short, breakout sessions
- Information/resource tables
- Optional activities and takeaways



For more information and to preregister (optional), scan the QR code, call 507.474.3167 or visit winonahealth.org/connecting

Saturday, April 22

8:30 - 11:30 a.m.

Winona Senior High School
901 Gilmore Ave., Winona

Connecting Caregivers is free and open to all!

Sponsored by Winona Health and the Winona Health Foundation.

Winona Health

855 Mankato Avenue • Winona, Minn. • 507.454.3650