

DANCE TEAM PRE-SEASON CLINIC

This pre-season clinic is an opportunity for dance team members in southeast Minnesota to get a start on their season! Classes will be available in all levels of jazz and kick, with sessions in ballet, injury prevention, and flexibility. The day will end with a fun hip hop master class taught by Kat Dworschak, member of the Timberwolves Hip Hop Dance Team. Lunch is included for all participants.

REGISTRATION DEADLINE: OCTOBER 7

Who: Students in grades 7-12
Date: Saturday, October 14
Time: 8:30 - 9:00 am Registration
9:00 - 3:00 pm Clinic
Location: Winona Middle School
(1570 Homer Road, Winona)
Fee: \$45



For more information, please call the Community Education After School Activities Office at 507-494-1060. Register online at: <https://www.winonaschools.org/wms/athletics-activities>



COURSE: DANCE TEAM PRE-SEASON CLINIC

\$45 FEE ENCLOSED

Name (participant): _____ Email: _____

Address: _____ City/State/Zip: _____

Phone: Day _____ Night _____ Grade/Age: _____

Dietary Restrictions (Please list): _____

I give my child permission to participate in the above clinic. I hold harmless the Winona Area Public Schools, Community Education, Coaching Staff, Volunteers and anyone associated with the clinic from any liability or an injury, accident or illness obtained at the clinic. I give my permission for the clinic to provide such medical attention deemed necessary in any emergency for my child.

Signed: _____ Date: _____

Parent/guardian signature required