

## Monday

2

Chicken Noodle Soup  
Whole Grain Crackers  
Turkey or Ham Wrap

## Tuesday

3

Whole Grain Fish Nuggets  
Garlic Breadstick  
Coleslaw  
Corn

## Wednesday

4

Chicken, Pork or  
Veggie Egg Rolls  
Fried Brown Rice  
Corn

## Thursday

5

Tame or Spicy  
Chicken Patty  
Whole Grain Bun  
Green Peas

## Friday

6

Whole Grain Garlic  
Cheese French Bread  
Marinara Sauce  
Broccoli

9

Whole Grain  
Chicken Tenders  
Mashed Potatoes  
Steamed Carrots

10

Philly Cheesesteak  
Whole Grain Sub Roll  
Peppers & Onions  
Green Peas

11

Orange Chicken  
Brown Rice  
Monaco Veggies

12

Beef or Veggie Chili  
Corn Bread  
Green Beans

13

Whole Grain Pizza  
Varieties

16

Walking Taco  
Whole Grain Chips  
Refried Beans  
Salsa

17

Whole Grain French  
Toast  
Pork Sausage Links  
Tritators  
Cinnamon Applesauce

18

Baked Chicken Leg  
Mashed Potatoes  
Monterey Veggies

19

Tator Tot Hotdish  
Whole Grain Biscuit  
Broccoli

20

Whole Grain Garlic  
Cheese French Bread  
Marinara Sauce  
Cauliflower

23

Winter Break

24

Winter Break

25

Winter Break

26

Winter Break

27

Winter Break

30

Winter Break

31

Winter Break



All meals are served with milk, fruit and salad bar.  
Lactose-free milk is available upon request.  
Menu is subject to change.