



Winona ECFE

SEPARATING ECFE CLASSES



507-494-0913



<https://ec.winonaschools.org/ecfe>



Learn about other ECFE classes



Little Explorers

Mondays
8:30 -
10:30 am

This class is designed to inspire hands-on exploration from your child's perspective. Sessions begin with parent-child interaction and playful learning, followed by circle time. While children continue activities, adults join a separate parenting discussion guided by a licensed Parent Educator.

Goodview Elementary

FULL
this
term

Nature Explorers

Wednesdays
12:00 -
2:00 pm

Discover the benefits of nature play! This class promotes curiosity, creativity, and critical thinking through outdoor exploration. With a mix of guided and open-ended activities, children and parents explore together rain or shine. Dress for the weather.

Goodview Elementary

OPEN

Trauma-informed Parenting

Wednesdays
4:30 -
6:30 pm

Have you or your child experienced trauma? Are you looking for parenting support so that you can be the best parent possible? In this separating trauma-based parenting class we offer parents/caregivers education and support to understand the effects of trauma on children and develop strategies for building safe, secure relationships. This class covers topics such as: understanding trauma's impact, rebuilding trust, and self-care for parents.

Goodview Elementary

OPEN

Podcast Parenting

Thursdays
8:00 -
10:00 am

Through podcast-based learning, this class deepens parenting knowledge and supports child development. Parents listen to selected episodes before class, and group discussions take place during class time. Additional readings, notes, and resources are provided. Children participate in activities with a licensed teacher while parents meet. This class requires time outside of class to complete listening assignments.

Goodview Elementary

OPEN