



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Winona Family YMCA

# TOUCHDOWNS FIELD GOALS & FRIENDSHIPS K-3 FLAG FOOTBALL

Open to boys and girls in Kindergarten through 3rd Grade. The program includes two 1 hour sessions per week including 30 minutes of skills/drills, and 30 minutes of scrimmaging. The program is designed to teach youth the sport, practice skills, participate on a team, and most importantly have fun! We emphasize safety, participation and sportsmanship in both practices and scrimmages.

**September 2-October 9, 2025**

**Tuesdays & Thursdays**

**5-6 pm**

**\$80/Members, \$95/non-members**

Financial assistance is available for programs!



**Register in person or online:  
[www.winonaymca.org](http://www.winonaymca.org)**

**Thank you to our program sponsors!**

