

Winona Area Youth Wrestling

We are gearing up for the 2024-25 youth wrestling season! This program is open to boys and girls in kindergarten - 8th grade. This is a chance to learn some basic wrestling skills, get some great exercise, and have FUN! Coaches for this program will be Nate Stumpf (Advanced) and Bill Schmidt (Beginners). All sessions/seasons listed below will be held at the Winona Senior High School in the wrestling room.

BEGINNERS - FREE PRACTICE SESSION

WHO: Athletes in grades kindergarten - 3rd

DATES: December 3, 10, & 17

DAYS: Tuesdays

COST: FREE

TIME: 6:15-7:30 p.m.



BEGINNERS - REGULAR SEASON

WHO: Athletes in grades kindergarten - 3rd

DATES: January 7 - February 20

DAYS: Tuesdays and Thursdays

COST: \$25 per athlete/\$40 per family*

TIME: 6:15-7:30 p.m.

ADVANCED - REGULAR SEASON

WHO: Athletes in grades 4th - 8th

DATES: November 18 - March 26

(No practice December 23, 25, 30 & Jan. 1)

DAYS: Mondays and Wednesdays

COST: \$75 per athlete/\$125 per family*

TIME: 6:15-7:30 p.m.

WRESTLING



Register using the following link: <https://www.winonaschools.org/communityed/youth>. If you have any registration questions, please contact the After School Activities Office at 507-494-1060. Questions, concerns, or suggestions for the wrestling program can be directed to: Bill Schmidt at 507-454-5277, williamaschmidt@yahoo.com or Nate Stumpf at 651-564-2246, nate.stumpf@gmail.com.

* If you need to register a family for the Beginners - Advanced Season, please call the After School Activities Office at 507-494-1060.

Sponsored by: Community Education - After School Activities

Cancellation Line: 494-0970