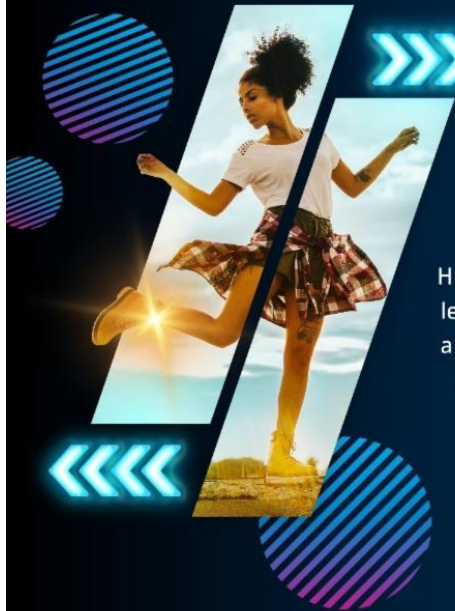




Winona Family YMCA



# HIP HOP

## INTERMEDIATE DANCE

Hip Hop is a fast-paced, high-energy form of dance and the emphasis is less on formal technique and more on personal style. Classes start with a warm-up designed to get the blood pumping and the muscles working intensely, and then students will move on to learning and perfecting more difficult choreography. Ages 9 & up.

### Monthly Sessions

Classes held Fridays 6:30-7:30 p.m.

\$30/member

\$45/non-member

Register in person or online: [www.winonaymca.org](http://www.winonaymca.org)