

BREAKFAST

JANUARY 2020

Breakfast \$1.55

Bluffview Montessori School

Monday

Tuesday

Wednesday

Thursday

Friday



6 Breakfast Pizza
or Assorted Cereal
Fruit or Juice Choice

7 Cinnamon Rolls or
Assorted Cereal
Fruit or Juice Choice

8 Waffles or
Assorted Cereal
Fruit or Juice Choice

9 Fruit/Yogurt Parfait
or Assorted Cereal
Fruit or Juice Choice

10 Oatmeal Buffet or
Assorted Cereal
Fruit or Juice Choice

13 Breakfast Burrito or
Assorted Cereal
Fruit or Juice Choice

14 Muffin or
Assorted Cereal
Fruit or Juice Choice

15 Pancakes or
Assorted Cereal
Fruit or Juice Choice

16 Fruit and Yogurt Smoothie
or Assorted Cereal
Fruit or Juice Choice

No School

20 Breakfast Pizza
or Assorted Cereal
Fruit or Juice Choice

21 Cinnamon Rolls or
Assorted Cereal
Fruit or Juice Choice

22 Waffles or
Assorted Cereal
Fruit or Juice Choice

23 Fruit/Yogurt Parfait
or Assorted Cereal
Fruit or Juice Choice

24 Oatmeal Buffet or
Assorted Cereal
Fruit or Juice Choice

27 McBluffin on Whole Grain
Bun or Assorted Cereal
Fruit or Juice Choice

28 Muffin or
Assorted Cereal
Fruit or Juice Choice

29 Pancakes or
Assorted Cereal
Fruit or Juice Choice

30 Fruit and Yogurt Smoothie
or Assorted Cereal
Fruit or Juice Choice

31 Oatmeal Buffet or
Assorted Cereal
Fruit or Juice Choice

No School

2 French Toast Sticks
Tritator
or Assorted Cereal
Fruit or Juice Choice

3 Oatmeal Buffet or
Assorted Cereal
Fruit or Juice Choice

Cereal and yogurt or cheese stick will be offered daily as a second option.

Milk and fresh fruit or juice will be offered daily.


Menu is subject to change.



JANUARY 2020

Bluffview Montessori School

Lunch \$2.95

Monday	Tuesday	Wednesday	Thursday	Friday
 Tame or Spicy Chicken Patty Whole Grain Bun Peas 6	Meatball Sub French Roll Broccoli Normandy 7	No School 1	Hamburger Gravy Mashed Potatoes Breadstick 2	Chicken Noodle Soup Whole Grain Wrap With Turkey or Ham 3
Baked Chicken Leg Potato Wedges Dinner Roll 13	Beef or Veggie Stew Dinner Roll 14	Orange Chicken Brown Rice Monaco Veggies 8	Whole Grain Fish Nuggets Garlic Breadstick Corn Coleslaw 9	Whole Grain Garlic Cheese French Bread Marinara Sauce Green Beans 10
Walking Taco Whole Grain Chips Refried Beans Salsa 20	Chicken or Cheese Burrito Spicy Rice 21	Pork or Veggie Egg Rolls Fried Rice 15	Scalloped Potatoes & Ham Carrots Biscuit 16	No School 17
Whole Grain Chicken Strips Sweet Potato Fries Corn 27	White Chicken Chili Whole Grain Blueberry Muffin 28	BBQ Chicken Teriyaki Whole Grain Noodles or Brown Rice Monterey Veggies 22	Beef Gyros on Whole Grain Pita Cucumbers, Tomatoes Tzatziki 23	Whole Grain Pizza Varieties 24
		Orange Chicken Brown Rice Monaco Veggies 29	Grilled Cheese on Whole Grain Bread Tomato Soup Green Beans 30	Fish Patty Whole Grain Bun Corn Coleslaw 31

All meals are served with milk, fruit and salad bar.

Lactose-free milk is available upon request.

Menu is subject to change.