

JANUARY 2023

Bluffview Montessori School

Lunch \$3.30 Additional Entrée \$1.75 Milk only \$0.55

١.	Monday	Tuesday	Wednesday	Thursday	Friday	
· %	No School	Tame or Spicy Chicken Patty Whole Grain Bun	BBQ Chicken Teriyaki Rice or Whole Grain Noodles	Pulled Pork over Mashed Potatoes Dinner Roll	Pizza	
	Chicken or Cheese Quesadilla Tortilla Chips Salsa	Meatball & Marinara Sub Broccoli	Egg Rolls Fried Rice Carrots	Beef or Veggie Chili Corn Bread	Tator Tot Hotdish Garlic Breadstick	
•	No School	Oven Baked Chicken Mashed Potatoes Green Beans	Cherry Blossom Chicken Rice Monaco Veggies	Breaded Ravioli Marinara Sauce Carrots	Fish Sandwich Whole Grain Bun French Fries Green Peas	
	No School	French Toast Sticks Pork Sausage Tritator Applesauce	Potstickers Brown Rice Broccoli	Chicken Veggie Soup ½ Sandwich	Shrimp Poppers French Fries Coleslaw Garlic Toast	+
3	Walking Taco Refried Beans	Spaghetti Hotdish Cauliflower Breadstick	类			

All meals are served with milk, fruit, and vegetable. Lactose-free milk is available upon request.