



MAY 2023

Bluffview Montessori School

Lunch \$3.30
Additional Entrée \$1.75
Milk only \$0.55

Monday

Tuesday

Wednesday

Thursday

Friday

1

Beef Burger
Whole Grain Bun
Baked Beans

2

Chicken Fajita
Whole Grain Tortilla Wrap
Roasted Corn & Red Peppers

3

BBQ Chicken Teriyaki
Brown Rice or Whole Grain Noodles
Monterey Veggies

4

Mac & Cheese
Mini Corn Dogs
Green Beans

5

Cheesy Garlic French Bread
Marinara Sauce
Green Peas

8

Spaghetti Hotdish
Whole Grain Garlic Toast
Corn

9

Walking Taco
Refried Beans
Salsa

10

Pork or Veggie Egg Roll
Brown Rice
Carrots

11

Chicken Alfredo
Whole Grain Penne Noodles
Broccoli Normandy
Garlic Bread Stick

12

Pizza Varieties

15

Beef & Lamb Gyros
Whole Grain Pita
Tzatziki Sauce

16

Chicken or Cheese Quesadilla
Whole Grain Tortilla Chips/Salsa

17

Orange Chicken
Brown Rice
Monaco Veggies

18

Grilled Cheese
Tomato Soup

19

Cheesy Twisted Bread Sticks
Marinara Sauce
Cauliflower

22

Tame or Spicy Chicken
Whole Grain Bun
Corn

23

Chicken Tenders
Mashed Potatoes
Carrots
Whole Grain Dinner Roll

24

Chicken Potstickers
Brown Rice
Broccoli

25

Breaded Ravioli
Marinara Sauce
Green Beans

26

Pizza Varieties

29

No School

30

French Toast
Tritators
Pork Sausages

31

BBQ Chicken Teriyaki
Brown Rice or Whole Grain Noodles
Monterey Veggies

All meals are served with milk, fruit, and vegetable.
Lactose-free milk is available upon request.

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