

MomEase

by Ark Wellness LLC

Weight Loss and Stress Solutions for Busy Lives

A virtual coaching program for busy moms who want to improve their physical and mental well-being without adding more to their plate.

Includes
Free "Fit Session"
45-min Initial Consultation
3, 30-min Follow-Up Consults



Initial session must be scheduled no later than 10/31/23
to receive the special pricing.

Teacher Special may be used by employees of a school district.
Must show proof of employment to qualify.

Visit Zombie-Moms.com or Call 715-572-5714

*The program is open to all, regardless of gender identity.