



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Winona Family YMCA



PLAY WITH PURPOSE PRE-SEASON BASKETBALL

1ST-4TH GRADE



Pre-season basketball is for 1st-4th graders who are interested in developing their individual basketball skills. Athletes will work with coaches each week to refine their shooting form, ball handling, reinforce good fundamentals, and expose them to team drills to have them ready to go for the season!

Tuesdays & Thursdays
October 21-December 4, 2025
(No practice November 25 & 27)

1ST & 2ND GRADE: 5-6PM

3RD & 4TH GRADE: 6:15-7:15PM

MEMBER: \$80 / NON-MEMBER: \$90

Financial Assistance is available!

Register in person or online:
www.winonaymca.org

Thank you to our program sponsors!

