



Winona Family YMCA



WINFINS SWIM TEAM

WE ARE NOW A
Y-USA
SANCTIONED
SWIM TEAM!

September 8-April 10, 2026

Must be a member to participate

**No School Day/
Snow Day**

If there is no school or school gets cancelled we will NOT have practice. An email will be sent to parents as a reminder.

BEGINNER 2 DAY: Mon/Wed or Tue/Thu 4-5pm

\$65/month & membership dues

Swimmers age 5 and up must be able to swim 50 yards (2 lengths of the pool) unassisted any stroke. The first Monday will be used as a placement day to ensure your child is signed up for the correct program.

INTERMEDIATE 2 DAY: Mon/Wed or Tue/Thu 4:30-6pm

\$70/month & membership dues

Swimmers age 7 and up must be able to swim 100 yards Freestyle and 50 yards Backstroke, Breaststroke and Butterfly. The first Monday will be used as a placement day to ensure your child is signed up for the correct program.

Financial assistance is available for memberships & programs!

ADVANCED: Mon-Thu 4:30-6pm

\$80/month & membership dues

Swimmers age 9 and up must be able to swim 100 yards Freestyle and 50 yards Backstroke, Breaststroke and Butterfly. Must have previous swim team experience and must be able to complete written sets by coaches.

\$50 Registration Fee for all levels

Register for the entire season or monthly

Program Includes:

Swim Cap, Membership Benefits, Minimum of 4 YUSA Swim Meets offered; Minimum of 2 Fun Swim Meets, and Certified Swim Coaches

REGISTRATION IS OPEN!

Thank you to our program sponsors!

REGISTER in person or online
www.winonaymca.org

