

Registration Includes Chip Timing by Anderson Race Management!

## 14th Running of the Winona State Homecoming

# WARRIOR WADDLE

**Saturday, October 14, 2023**

Start Time: 8:00 AM - 5K (3.1) Walk or Run

Lake Park Lodge, Winona MN

Proceeds support WSU Women's Track & Field and Cross Country Scholarships!

### Pre-Registration Individual

Due by 10/6/23 to guarantee your t-shirt size  
\$20 per person

### Pre-Registration Team

Due by 10/6/23 to guarantee your t-shirt size  
\$15 per person group rate when registering 5+

### Race Day Registration

\$25 race day, No group pricing

*Fees are non-refundable and non-transferable*

**Race Day Registration** 7:00am Lake Park Lodge - Foot of Main Street & Lake Street, Winona MN

**Pre-Reg. Packet Pickup** Friday, October 13, 2023, 4:00-6:00pm in the Integrated Wellness Center hallway

**Course** Around East Lake Winona, flat and fast

**Awards** 1st, 2nd, & 3rd place in each division and overall winners

**Age Groups** 13 and under, 14-18, 19-25, 26-32, 33-39, 40-46, 47-53, 54-59, 60-65, 66-70, 71+

*Participants will receive a 2023 Warrior Waddle shirt and refreshments after the race.*



It is highly recommended to register online at:

<https://racerooster.com/events/2023/76471/winona-state-homecoming-warrior-waddle>

Or bring registration to WSU Athletics Office-IWC 159, or mail registration form to address below

**If you are using the paper registration, please complete ALL areas of registration form:**

Circle: Male Female Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Phone #: \_\_\_\_\_

Team Name: \_\_\_\_\_ (must be included to receive team rate of \$15)

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Circle t-shirt size: S M L XL XXL (add \$3.00) No t-shirt

**Make checks payable to WSU Foundation** Check # \_\_\_\_\_ Amount \$ \_\_\_\_\_

I do hereby agree to hold harmless and indemnify the State of Minnesota, the Board of Trustees of the Minnesota State Colleges and Universities, and Winona State University, their officers, agents and employees from any and all liability, loss, damages, costs or expenses which are sustained or incurred by me, and which may include damage to my personal property, personal injury or death, arising out of my actions in the course of participating in the Warrior Waddle.

Signature \_\_\_\_\_ Parent/Guardian Signature if under 18 \_\_\_\_\_

Mail to: WSU Athletics-Track & Field

PO Box 5838 / IWC 159 / Winona, MN 55987

Call: 507.457.5210 WSU Athletics or 507.457.5211 Mason Rebarchek Email: mrearchek@winona.edu