



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE WORLD IS 71% WATER

ARE YOUR CHILDREN 100% PREPARED?

**Teach your children water safety
and make water activities accessible.**

Drowning can happen nearly anywhere with standing water. As a parent or caregiver, you need to equip your children with the skills they need to be confident in and around water. With this confidence, they can develop self-esteem, discover new ways to stay fit and build lifelong relationships.

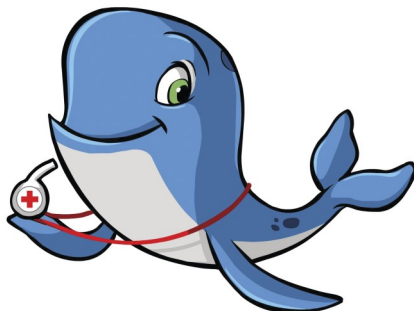
REDCROSS.ORG/WATERSAFETYFORKIDS

WHAT IS THE WATER SAFETY FOR KIDS PROGRAM?

Red Cross's Water Safety for Kids program consists of 8 sessions designed to teach elementary school aged children water safety skills that reduce the risk of drowning and build confidence in and around water. Eight safety topics follow Longfellow's WHALE tales organized into 8 "episodes" and segmented by K-2 and 3-6 grades.

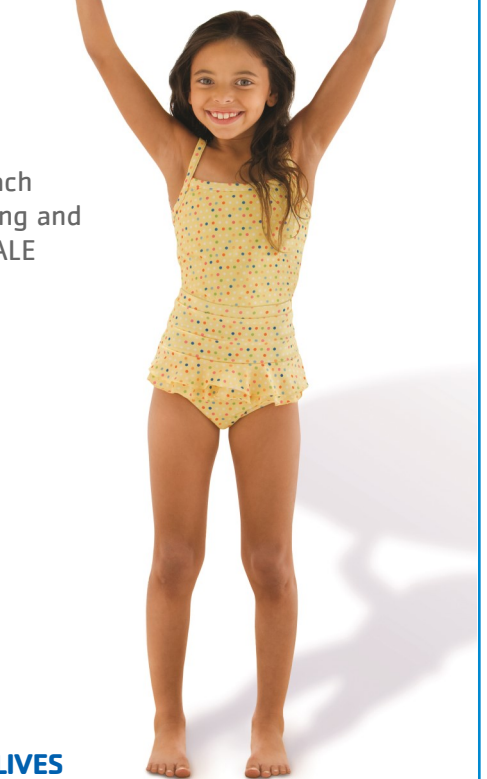
Episodes include:

- video segment
- age appropriate downloadable activity sheet
- 3 question quiz
- parent and caregiver discussion guide that provides support to engage with children while they are learning



**For more
information,
contact:**

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TEACHING SKILLS THAT SAVE LIVES

- 2 kids die from drowning every year
- Drowning is the 2nd leading cause of death for kids ages 5-14
- 88% of kids who drown do so under adult supervision
- 60% of kids who drown are within 10 feet of safety

visit: www.winonaymca.org