

Winona Family YMCA

HUSTLE, HEART & HOOPS

5th-8th Grade Girls Basketball

The YMCA Pacers Girls Basketball Program is a developmental program with a competitive component designed to help players build skills, confidence, and character while preparing for future levels of play.

Practices emphasize teamwork, fundamentals, and decision-making within a supportive environment. Teams will participate in Tri-State tournaments for additional gameplay experience. While competition is part of the experience, success is measured through character growth and YMCA values — not wins and losses.

Members \$120/Non Members \$145

Financial Assistance is available!

November 2nd-January 3rd

Sunday Practices

5th & 6th Grade: 1-2:20pm

7th & 8th Grade: 2:30-3:50pm

Wednesday Practices

5th & 6th Grade: 6-7:15pm

Friday Practices

7th & 8th Grade: 6-7:30pm

7th & 8th Grade Tournament Dates11/22, 12/7, 1/3

Some travel required

5th& 6th Grade Tournament Dates

12/6, 12/14, 12/20, 1/3

Some travel required

Register in person or online www.winonaymca.org

Registration closes at 3pm November 7, 2025



Thank you to our program sponsors!







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