



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WINONA FAMILY YMCA

TOUCHDOWNS FIELD GOALS & FRIENDSHIPS

YOUTH FLAG FOOTBALL

Led by two Winona State football players, Myles Hawthorne and Brandon Bell, this program is open to boys and girls in Kindergarten through 5th grade. Flag football includes two, 1 hour sessions per week, including 30 minutes of skills/drills, and 30 minutes of scrimmaging.

Additionally, our 3-5 grade group will participate in extensive drills and learn in-depth concepts and terminology. This program is a great way to get ready for the upcoming Morrie Miller Youth Tackle Football League season this fall!

Both programs are designed to teach youth the sport, practice skills, participate on a team, and most importantly have fun! We emphasize safety, participation and sportsmanship in both practices and scrimmages.



Dates: April 23–May 23, 2024

Time: Tuesday & Thursday, 5–6 PM (K–2)

Tuesday & Thursday, 6–7 PM (3–5)

Fee: Member \$70 / Non-Member \$90

Register in person or online at: www.winonaymca.org