# VOLLEYTOTS & YOUTH VOLLEYBALL

This fun and exciting volleyball camp is designed to expose youth to the sport of volleyball through instruction, hand-eye coordination, volleyball-specific movements, and basic skills of the sport (passing, setting, hitting, & serving). We will teach motor learning skills development using fun activities!

# MUNDAY EVENINGS

SEPT. 18, 25 OCT. 2, 9

- Skills, Techniques, & Fun Games
- √ 5 sessions
- (2) Led by SMU coaches & players
- (7) T-shirt included

### **VOLLEYTOTS**

Grades: K-2nd 6:00-6:45 PM

### YOUTH

Grades: 3rd-6th 6:00-7:00 PM

## **SAINT MARV'S GVM**

700 Terrace Heights, Winona, MN 55987

Registration Link https://camps.smumn.edu

More Information
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