



IN THE POOL LIFE IS COOL

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



2-Day Beginner

Pick 2 days 4:00pm-5:00pm

Cost \$150 - Swimming at the YMCA

Ages: 5+, must be able to swim 25 yards (1 length of the pool) unassisted

3-Day Beginner

Pick 3 days 4:00pm-5:00pm

Cost \$200 - Swimming at the YMCA

Ages: 5+, must be able to swim 50 yards (2 lengths of the pool) unassisted any stroke.

Intermediate/ Advanced

Monday thru Friday from 4:30pm-6:00pm

Cost \$250 - Swimming at the YMCA

Ages: 7+, must be able to swim 100 yards Free and 50 yards of Back, Breast & Fly.

Mock Swim Meet Dates

October 28th

December 2nd

Session dates: 10/10-12/16

Register at: www.winonaymca.org or

(507) 454-1520